### Training 4 Trainers Session 2 May 13, 2023

# **USCHOUSTON**

# WELCOME

Please make sure you have your name listed on your profile (no phone number)
Be ready to engage, preferably with cameras on!

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### Agenda

- I. Welcome and Setting the Stage for Group Projects
- II. Reflections from Homework
- III. Moderated Panel Discussion
- IV. Group Project Roadmap
- V. Stretch Break
- VI. Group Work/Coaching
- **VII.**Next Steps/Questions



### Welcome (5min)

### What has given you joy lately?

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### **Community Agreements**





### **Community Agreements...and Requests**

#### Agreements

- *Trust the process* and be willing to learn, grow, and try new things
- *Respect and be open-minded* with one another's ideas and contributions to create a safe space
- *Embrace conflict* and disagreement as an opportunity for learning
- *Be supportive* and practice positivity and radical kindness
- *Listen* to one another and participate fully (including making space for all to share)
- Bring your full self to this experience
- *Commit to collaborating* and building community to support one another and our neighborhoods

#### Requests

- Attend and be fully present at all sessions-please be ready to start on time and return from breaks (virtual and in-person) on time
- *"Share the air"*-please monitor how much you are talking/not talking and how you are showing up
- *Practice "contextual confidentiality"*–share the lessons, leave out identifying details (names, places, stories)
- *Be creative and caring*-try on new ideas and practices, and take care of yourself and others in this experience



### **Setting the Stage for Group Projects**

#### **Top 3 Focus Areas**

- Healthy lifestyles/environment
- Affordable housing
- Small business

You will be working in one of these 3 areas for the remainder of T4T.



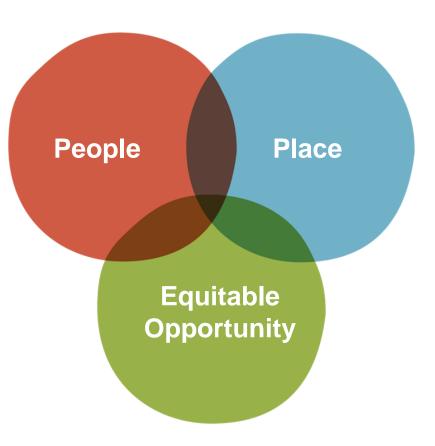
### **Reflections from Module 2**

- Have you been discounted or sidelined in a decision in your community? Or have you taken action in your community so that your voice IS heard?
  - What does collective action look like in your work?
- Reflect on this "our zip code has more of an impact on our health, safety, and well-being than our genetic code."



### THRIVE

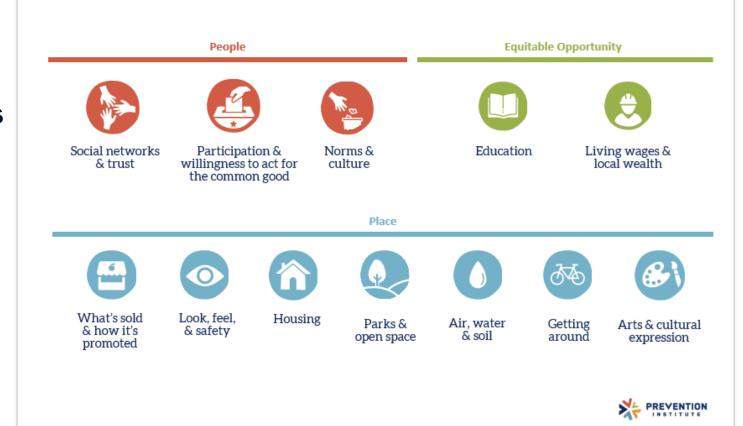
What are these circles?





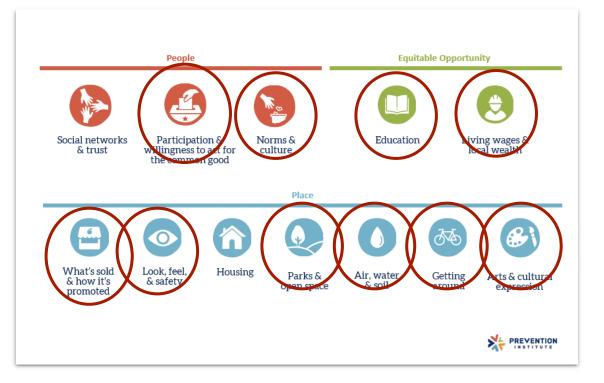
### **THRIVE Framework**

A framework that organizes the social community determinants of health





### **THRIVE Framework - Expertise & Perspectives**



#### Healthy Lifestyle & Environment:

#### **Greener Gulfton**

- Planners
- Policy Leaders
- Residents
- Community organizations
- Parks & Transportation Departments
- Environmental experts
- Residential property owners

### **THRIVE Framework - Expertise & Perspectives**



**Small Businesses:** 

Neighborhood Business Corridor:

- Entrepreneurs
- Planning Dept
- SBA Training
- Business Internships
- Political Leaders
- CBOs
- Residents
- Artists

### **THRIVE Framework - Expertise & Perspectives**



#### **Affordable Housing:**

Harris County Right to Counsel for Tenants Facing Eviction Campaign:

- Community Organizations
- Tenants
- Legal Aids & Law Schools
- Political Leaders & Policy Staff
- Research Orgs
- Labor Unions
- Eviction Court Observers

#### The Role of Collective Leadership Leadership in Context of Collective Action



Rev. Jason Moreno, AICP, focuses on community development in both his secular and faith-based work, between community engagement and sustainable housing with Harris County and outreach and discipleship with the Lutheran Church (LCMS).

His hope is to create area-wide networks for coordination and cooperation with community resources and engagement. He can be reached at <u>https://www.go-</u> mighborhoods.org/user/jasonmoreno/ or https://www.linkedin.com/in/revjasonmoreno



Jordan Pacelli Everett (she/her) is an Associate Program Manager at Prevention Institute. Her passion and local work include advocating for legal representation and protections for tenants facing evictions, increasing access to healthcare coverage for Black and Brown Houstonians, and supporting civic and voter engagement in historically disenfranchised neighborhoods across the city.

Jordan is a licensed social worker and received a degree in Community Health from the Univ of Illinois and a Master of Social Work (Macro/Political) from UH. You can reach her at jordan@preventioninstitute.org

# **Stretch Break**



### **Capstone Projects**

The capstone projects are an opportunity for T4Ters to apply their leadership skills and knowledge towards creating positive change in their communities. The project will be divided into small interest areas, including small business, affordable housing, and healthy environments. The goal is to develop small scale projects that are innovative, collaborative, and benefit the community. From Graduation (September) until the Greater Houston Meeting from GO (December): groups will be provided funds to implement their project in the roadmap.

- Reasonable types of projects within the timeframe include creating a community garden, starting a small business incubator project, creating a public art project, community composting, small business pop up markets, solar power charging station, or organizing a housing fair.
- These projects should be small-scale community development projects that can be implemented within the timeframe and have a measurable impact on the community.



#### **Capstone Examples**

#### Fair Housing Defenders

Family and Community Engagement Dinner

#### **ŤŤŤŤ**

Community Committee Members (12): 9 AA and 3 Hispanic

> (All Nuclear Families)

#### 

Scheduled family will host family dinner

Facilitator will train families on how to host a dinner and how to facilitate exercise accordingly.

Topics will be developed from "Ideal" Community exercise.

Responsible for developing one civil engaging activity that would improve community.



Rotate to next family within the

#### community

A calendar will be created in order maintain host family schedule, community schedule, and community wide activity that will improve community.



Community Wide Engagement Dinner

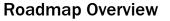
Secure venue within the community that will accommodate.

Community values will be developed, exercised, and maintained.

Community wide activity will be on a monthly basis.

At least once a month (could be more at community's discretion)

### **Group Project Roadmap**





Objective: Group will develop a small scale project related to a priority "supporting healthy communities" topic area over the course of T4T. During Session 6, your group will present the project to the cohort and a panel of judges.

Instructions:

Join the group you are interested in

- S (small business) Pamela
- E (healthy lifestyles/environment) Odin
- H (affordable housing) *PI*

Work with your group to apply your learnings to develop a small scale project on issue area.



### **Group Work**

#### Instructions:

Group work:

Governance set up [30 mins]

- Identify liaison between coach/facilitator and group
- Identify time to meet as a group in between sessions
- > Identify when your group is going to meet with your coach as their checkpoint
- ➢ Begin to brainstorm project ideas (Consider your project ideas when you applied)
   Report Out [5 mins]
  - Report out on governance structure/project ideas/group work



### **Questions?**



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### **Next Steps/Action Items**

Upload your headshot into our shared Google folder if you haven't already <u>https://rb.gy/jangu</u>

Label your headshot FirstnameLastName.jpg You must sign in to your Google account to upload. If you do not have a google account please email your headshot to Catie at <u>clicalzi@lisc.org</u> <u>Due: April 25th, 2023</u>

Complete Survey

<u>Complete</u> Module 3 in the online learning platform (<u>LearnDash</u>)

Sign Up for coaching



Set up time to meet with your group in between now and June (by next session)

### **SESSION DATES**

### **TRAINING SCHEDULE**: Saturdays from 9:30a – 12:00p

- 1. May 13th, 2023 (virtual)
- 2. June 10th, 2023 (virtual)
- 3. July 8th, 2023 (in-person)
- 4. August 12th, 2023 (virtual)
- 5. September 9th, 2023 (virtual)

**IN-PERSON: LISC HOUSTON, 602 Sawyer Street, Suite 205, Houston, TX, 77007** 









### **ONE-ON-ONE COACHING**

**Pamela Hernandez** 

dr.pamela.hernandez@gmail.com Schedule Coaching

Odin Zackman odin@digin.org Schedule Coaching

Nzinga Khalid nzinga@preventioninstitute.org

Sheila Savannah

sheila@preventioninstitute.org



### **Closing Remarks**

### **Prompt**