

LISC Houston Training for Trainers (T4T) Curriculum Outline DRAFT/EXAMPLE: Leading for Health Equity & Environmental Justice

Session	RETREAT/ONE	TWO	THREE	FOUR	FIVE	SIX
Themes	<i>Individual & Collective Leadership</i>	<i>Leading for Environmental Justice & Health Equity</i>	<i>Civic Engagement & Environmental Justice</i>	<i>Facilitating Community Engagement</i>	<i>Community Organizing, Coalition Building & Long Term Planning</i>	<i>Expanding Our Impact</i>
Learning Outcomes	<p>T4T Themes, Goals, Expectations</p> <p>Reflect on self, individual leadership, and set goals.</p> <p>Define shared leadership.</p> <p>Team Building: Build relationships with one another.</p> <p>Self-care.</p>	<p>Revisit T4T program structure and expectations.</p> <p>Deeper dive into Shared leadership and Community Building.</p> <p>Share leadership declaration and relationship to EJ</p> <p>Familiarity with frameworks for social & community determinants of health, health equity and EJ</p> <p>Draw connection between the natural and built environment, and health outcomes.</p> <p>Understand the landscape for community development and health equity partners, resources and assets in Houston.</p>	<p>Understand governmental structures, decision making, and advocacy opportunities.</p> <p>Clarify City and County agencies, organization and processes to find and share information.</p> <p>Learn about civic engagement opportunities.</p> <p>Deeper dive into Environmental Justice: Understand correlations between clean air/water, health, and environmental justice</p> <p>Go deeper into how existing conditions are the result of institutional racism, etc.</p> <p>Understand how trauma impacts communities and how this impacts community building efforts.</p> <p>Gain strategies that have worked for other communities working to improve health and environmental outcomes.</p>	<p>Gain skills and tools to inform ways to frame EJ dialogues in communities.</p> <p>Understand various roles (e.g. facilitation) in teaching about/resolving community conflict.</p> <p>Sharpen skills in planning, and facilitating in different settings.</p> <p>Understand how to gather and document available data on local communities, ways to analyze and utilize data, and how to tell the story.</p>	<p>Understand the fundamental practices and considerations around inclusive outreach.</p> <p>Obtain language and framework to speak truth to power around EJ and health equity.</p> <p>Learn tools to talk about EJ and community health with a variety of stakeholders.</p> <p>Gain tools for resolving conflict around environmental justice challenges and broader policy issues.</p> <p>Apply organizing and coalition building to local and regional EJ issues</p> <p>Hone skills for project planning, management and follow-up for community capacity building.</p>	<p>Gain clarity on how to work within broader systems and across communities with health and other partners.</p> <p>Deep dive into teaching and sharing the tools learned.</p> <p>Gain information on resources to sustain community building efforts</p> <p>Discuss ideas for further participation.</p> <p>Reflect on program experience, share your testimony.</p>

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<p>Skills and Leadership Development Activities</p>	<p>[LEADERSHIP]</p> <p>Orientation to LISC</p> <p>Examine personal leadership style, skills, strengths and opportunity areas.</p> <p>Determine individual leadership declarations</p>	<p>[COMMUNITY]</p> <p>The framework of SDOH, health equity and comprehensive community development.</p> <p>SdoH or Community determinants of health. People, place, equitable opportunity (PI THRIVE framework)</p> <p>Together, look at key EJ indicators, like health, life expectancy and education rates, housing quality and displacement</p> <p>Provide language to understand, talk about and draw connections between health disparity and inequitable conditions that result from institutional racism and systems of disinvestment.</p>	<p>[PARTICIPATION]</p> <p>Explore EJ and health inequities in our communities and how advocacy and participation is pivotal in changing trends</p> <p>Understand and practice cultural competence and inclusion, particularly as related to community building and leadership.</p> <p>Introduce/overview re: conflict resolution, consensus building and other decision-making methods</p>	<p>[FACILITATION]</p> <p>Foundations of facilitation and coaching for health equity and community building.</p> <p>Asset mapping using the THRIVE Framework</p> <p>Together, look at community resources, infrastructure and leadership groups</p> <p>Identify hidden gems within our communities; activating people and new partnerships</p> <p>Introduce the spectrum of prevention and what strategies can impact the health of the entire community.</p>	<p>[ORGANIZING]</p> <p>Understanding power, naming and reframing conflict.</p> <p>Self-awareness & tools for preventing & managing conflict.</p> <p>Illustrate the bigger picture and process of advocacy, organizing and creating action agenda for neighborhood change.</p> <p>Mechanisms and public structures in Houston & Harris County for environmental and health equity.</p> <p>Connecting ideas with those of others.</p> <p>Practicing conflict resolution skills.</p>	<p>[IMPACT]</p> <p>Discuss ways to share learnings, what is required to teach.</p> <p>Revisit and deepen relational approach/how to teach</p> <p>Share resources on sustaining community projects and community engagement.</p> <p>Review opportunities for ongoing involvement.</p>
<p>Fieldwork</p>	<p>Read, watch, listen leadership building & self-care material</p> <p>Honing and discussing leadership declaration with a peer.</p>	<p>Study the community building toolkit relevant pages (use some of the tools based on scenarios), study/fill the Thrive tool, read shared resources</p> <p>Photo “essay” (1-3 photos and no more than one page reflection) on SDOH in your community.</p>	<p>Attend City Council or County Commissioners Court, participate on kitchen cabinet organizations’ activities related to environmental justice</p> <p>Reflection on systems impacting your community and methods of engagement.</p>	<p>Relational Interviews, Neighborhood Tour/Documentation, attend city or nonprofit lead community engagement session,</p> <p>Study the community building toolkit relevant pages</p> <p>Build an agenda/process for engaging the community/running a meeting.</p>	<p>Join and support a local campaign, attend or visit local coalitions and community organizing groups (interview or participate in activities), attend a neighborhood project planning session</p> <p>Reflect on how you will use what you have learned, including future project ideas.</p>	<p>After program activity: T4T evaluation (interview/ focus group), Ambassador orientation</p>